



FCCA
FC CAROLINA ALLIANCE

FCCA Parent Quick Tips:

- Sportmanship is important for kids to learn.
- Set a good example on the sidelines by offering positive encouragement and support
- Weather can be unpredictable. Be prepared, buy sunscreen, rain jackets, blankets, etc.
- Proper hydration is key to a good game. Be sure to bring plenty of water for kids to drink both before and after their practices and games.
- Healthy snacks like orange wedges, grapes and sports drinks are also good for replenishing nutrients after strenuous activity.
- Get to the soccer pitch early. Players need adequate time to warm up and stretch before practice or game time.
- The mission of FCCA is to provide the ideal environment for all youth to grow and excel through soccer.

Have FUN, and remember it's only a GAME!



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Positive Parents Tips:

Get involved:

- Coach
- Assistant Coach
- Attend a Coaching Course
- Referee
- Attend a Referee Course
- Watch a practice game from a referee perspective.
- Learn the rules
- Play the Game with your kids
- Organize a parent game
- Be a field Marshall

Watch:

- Your child's Practice
- Your child's Game
- A local College or Professional Game
- Soccer on Tv

Read:

- Articles, Magazines, Books about the game

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Parents Don'ts:

Don't Criticize:

- Coaches,
- Referees,
- Players,
- Volunteers

Don't USE VERBS during a GAME:

- Kick it; Attack; Run; Dribble; Defend, Fight,
- Pressure; Tackle; Think; Talk;

Don't Fail to Communicate with Coach about:

- Child's health concerns
- Child's absence from practice

Don't Complain to Coach in Public

- Wait 24hrs after practice/game

Don't Yell at Referee:

- What kind of call was that?
- Ref!!
- Ref, are you blind?

Don't coach the kids:

- Allow the Coaches to coach.

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Don't concern yourself with the score.

Don't critique your Child's effort immediately after a game.

Parent Dos

Do be Positive:

- Praise good plays for Both Teams.
- Show Respect and Good Manners toward All involved. Players, Coaches, Referees and Volunteers.
- Encourage Fair Play.
- Be Calm.
- Ask your Child to describe what he/she learned.
- Communicate concerns with the Coach in private.

Do Be Prepared:

- Nutritional snacks
- Hydrate
- Weather, Sun Screen, Rain/ Cold Weather Gear

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Three Things to say BEFORE a Game:

1. Have FUN!
2. Good Luck!
3. I Love You!

Three things to say AFTER a GAME:

1. It was great to see you play!
2. I Love YOU!
3. What do you want to EAT?

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